

Who Makes a Good Career Coach?

Can you:

Listen;

Ask helpful questions;

Encourage;

Share from your experience;

Show respect;

Make suggestions, not demands;

Help develop a realistic plan of
action for growth; and

Let the others know they are not
alone?

The Answer is:

YOU DO!

Project Partners

The CARE Program was developed by the Winona County Criminal Justice Coordinating Council (CJCC). For more information, on the CJCC, visit www.winonacountycjcc.org. Financial assistance for the CARE Program is provided by the federal government through a Byrne Justice Assistance Grant Award administered by the Minnesota Department of Public Safety-Office of Justice Programs. For more information on the MN OJP, see www.ojp.state.mn.us.



For more information on the Career Coaching Program please contact:

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Winona County

CARE Program

Community Assessment and Reintegration

CAREER COACHING PROGRAM

An adult mentoring program
serving offenders and ex-offenders
and improving the community
within which they live.

What is the Winona County CARE Program?

The CARE (Community Assessment and Reintegration) Program is a program to offer support and assistance to people who are leaving a correctional facility and re-entering the community. The CARE Program is designed to help ex-offenders realize and manage negative patterns in their lives so they can become productive members of the community. The overall goal of the CARE Program is to reduce recidivism or the cycle of coming out and going back to jail.

Benefits of a Reentry Program

- **The Community**
 - Greater accountability for the offender
 - Positive approach to offender adjudication
 - Less victimization/greater public safety
- **The Offender**
 - Cultivate personal leadership traits.
 - Improve interpersonal skills
 - Opportunity for intervention
 - Focus towards positive outcomes
 - Break in the criminal cycle
- **The Corrections Facility**
 - Reduced incarceration costs
 - Reduced liability due to overcrowding
 - Greater inmate supervision
 - Limiting the “warehousing” mentality
 - Safer working environment
 - Reduced jail incidents
 - Reduced job stress

What Coaches Do

- Listen
- Ask helpful questions
- Encourage
- Share from your own experience
- Show respect
- Make suggestions not demands
- Help develop a realistic plan of action for growth
- Let others know they are not alone.
- Assist with workshops and skills training

Benefits for Offender

- Learn to set goals & achieve balance
- Begin dealing with change proactively
- Become solution & future-oriented
- Cope with problems that may arise
- Reduce stress
- Learn to trust an objective advisor

Time Commitment

- Commitment to one year agreement
- Willing to make no less than 4 contacts per month (two must be face to face)
- Attend training workshops

Qualifications

- Must be a minimum of 21 years old;
- Stable in own life and able to provide personal and professional references;
- Pass a criminal background check;
- If an ex-offender, must be off sanctions for 3 years;
- If chemically dependent, must be sober for 3 years

For More Information Please Contact:

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